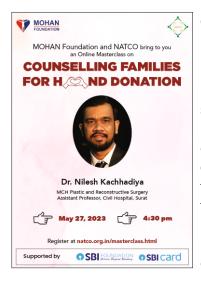
# INDIAN TRANSPLANT NEWSLET

## **Training**

#### **MASTERCLASS**

Pallavi Kumar, Sunil Shroff MOHAN Foundation, India



#### Counselling **Families for Hand Donation**

Hand transplants are superior to prosthetic hands, especially in the case of bilateral hand amputees. Even though challenging, the bigger problem for hand transplants, is the lack of families consenting to donate hands of the deceased.

The objective of the masterclass on "Counselling" Families for Hand Donation", held on May 27, 2023 was to equip the participants with counselling skills that would help the families make an informed decision regarding hand donation.

Dr. Nilesh Kachhadiya, an Assistant Professor at Civil Hospital in Surat, was the faculty who got consent for multiple hand donations from brain dead donors in his hospital. Hand transplantations in India and their challenges was also discussed during the session.

> Supported by the SBI Foundation and SBI Card in Collaboration with the **Network and Alliance of Transplant** Coordinators (NATCO)



### Mental Health -**Before and After Transplant**

On 17<sup>th</sup> June 2023, a webinar conducted on 'Mental Health -Before and After Transplant' was attended by organ recipients, donors, caregivers, patients on dialysis, transplant coordinators.

The session was conducted by the panellists from MindSmith, Dr. Satyen Sharma, a Senior Consulting Psychiatrist & the Founding Director along with Ms. Sindhu Wadhwa, Head of Therapy at the MindSmith & a renowned Psychotherapist with over 14 years of experience. The webinar aimed to raise awareness about the mental health challenges surrounding organ transplantation, validating and supporting the participant's emotions. The webinar highlighted the emotional journey individuals undergo during the transplant process and stressed the importance of identifying early signs of depression in both oneself and others.

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